

Track Changes
from Chapter 3 Section K V1.05
to Chapter 3 Section K V1.07

Chapter	Section	Page	Change
3	K0300	K-5	<p>DEFINITIONS</p> <p>PHYSICIAN-PRESCRIBED WEIGHT-LOSS REGIMEN A weight reduction plan ordered by the resident's physician with the care plan goal of weight reduction. May employ a calorie-restricted diet or other weight loss diets and exercise. Also includes planned diuresis. When a physician has ordered diuretics and weight loss is expected to occur it is included under this definition. It is important that weight loss is intentional.</p> <p>BODY MASS INDEX (BMI) Number calculated from a person's weight and height. BMI is used as a screening tool to identify possible weight problems for adults. Visit http://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html</p>
3	K0300	K-6	<p>Coding Instructions</p> <ul style="list-style-type: none"> Code 1, yes on physician-prescribed weight loss regimen: if the resident has experienced a weight loss of 5% or more in the past 30 days or 10% or more in the last 180 days, and the weight loss was planned and pursuant to a physician's order. In cases where a resident has a weight loss of 5% or more in 30 days or 10% or more in 180 days as a result of any physician ordered diet plan or expected weight loss due to loss of fluid with physician orders for diuretics, K0300 can be coded as 1.
3	K0300	K-6	<p>Coding Tips</p> <ul style="list-style-type: none"> To code K0300 as 1, yes, the expressed goal of the

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			weight loss diet or the expected weight loss of edema through the use of diuretics must be documented. inducing weight loss.